Alumni, students, faculty, and friends of IIT reconnected for Homecoming on September 21–22, 2012. Among the growing number of events scheduled over the weekend were academic lectures, a Greek life reunion, alumni baseball game, walking tours, and the Golden Society luncheon, which honored alumni who graduated from IIT 50 or more years ago. Psychology alumnus Steve Guastello delivered one of the lectures.

Leadership Academy Alumni Reunion

The Leadership Academy’s first alumni reunion took place during Homecoming weekend. Twenty-one alumni attended. Leadership Academy alumni and current scholars gathered for a picture after enjoying time to meet and network during lunch. Director of the Leadership Academy George Langlois and Program Manager Megan Wheeler (pictured left front).

The Leadership Academy began at IIT more than a decade ago with a generous donation from Al and Lila Self. The academy is a university-wide program administered and led by Dr. George Langlois. It consists of 25 undergraduate scholars representing many academic areas at IIT and programming for all IIT students.
From the Chair

In May, the IIT Board of Trustees approved the reorganization of the College of Science and Letters and the College of Psychology with the purpose of restructuring the undergraduate program and enrolling additional students to IIT. The new Lewis College of Human Sciences will join psychology, social sciences, and humanities. The College of Science will house the rest of the sciences previously within the College of Science and Letters.

Psychology will become a department within the College of Human Sciences, and all three departments in the new college now report to Dean M. Ellen Mitchell. The university is quickly preparing for admittance of students into the new college in fall 2013.

IIT is ever changing and growing—enrollment this year increased to 7,684 (including Stuart School of Business and Chicago-Kent College of Law) and continues to rise. The university has experienced annual growth for several years, and the goal for the College of Human Sciences aligns with this trend, anticipating the addition of 450 new undergraduate students over the next five years.

The new college will build on Psychology’s strength in graduate studies and help to grow and enhance programs in the digital humanities, sociology, and other areas related to the human sciences. The significance of these outcomes promises to be exciting. New projects such as the recently announced Innovation Center will ensure IIT’s relevance in our community and will provide additional opportunities for today’s distinctive IIT student.

The College of Psychology welcomes James W. Kiley to the Board of Overseers. Upon hearing plans for the restructuring of the new college, Kiley enthusiastically volunteered to help Dean Mitchell with the transition and recruitment of students to Lewis College of Human Sciences. Kiley is a Life Trustee at IIT, having joined the board in 1999. He currently serves on the Board of Trustees’ Executive Committee. Kiley is Managing Director of Wintrust Wealth Services in Chicago.

From the Interim Department Chair

As the recently appointed interim chair of psychology, I welcome this opportunity to address the students, alumni, and friends of the soon-to-become Department of Psychology in Lewis College of Human Sciences. First, I want to thank the psychology staff, division heads, and our dean for supporting me as I step into my new role as interim chair. My appointment coincides with several exciting changes for psychology. Our new home in Lewis College of Human Sciences will provide enhanced opportunities for collaboration with our colleagues in social science and humanities. In addition, the new college will be making a focused effort to build our undergraduate program. I am looking forward to working with the faculty on these new initiatives.

I am pleased to announce the addition of five new members of the psychology faculty. The new faculty bring expertise in several aspects of behavioral health that will bolster both graduate and undergraduate training. Two new assistant professors in clinical psychology will strengthen our coverage of health psychology. Alissa Haedt-Matt specializes in eating and body disorders, while Eric Houston studies the impact of psychological factors on health outcomes. Kelly Kazuakas joins the rehabilitation counseling faculty as a clinical assistant professor, where she will apply her expertise in rehabilitation counselor training. Arlen Moller is joining us as an associate professor and will be focusing his effort on our growing undergraduate program. Moller’s research explores human motivation and how to leverage technology to promote healthy lifestyle choices. Mahima Saxena is a visiting assistant professor of industrial/organizational psychology who studies emotions in the workplace and their relationship to job burnout and counterproductive work behavior. Please join me in welcoming our new colleagues to the Department of Psychology.

—Scott Morris
From the Dean

The skyline is incredible, presenting in bold relief the city of Chicago set against Lake Michigan. The leaves are swirling down amidst the rain and wind; the view of the campus and city is spectacular. Change is in the air and across the campus, reflected in many areas, activities, and places, from my office to the upper floors of IIT Tower at 35th and State streets.

This past spring our provost announced his intention to build student enrollment in the humanities, social sciences, psychology, as well as in the sciences at the undergraduate level. In order to support this effort, it was decided that a reorganization of the colleges would allow the university to feature these areas more prominently. Thus, we are working to flesh out the plan and vision for two new colleges composed of the former College of Psychology and the College of Science and Letters. We are all working to configure the new Lewis College of Human Sciences, which will house psychology, humanities, and social sciences, while Dean Russell Betts and his faculty are working in parallel to develop the renamed IIT College of Science.

Some have asked how we settled on our name, and it is rather uncomplicated. When IIT was formed in 1940 it was from the merger of Armour and Lewis institutes, and we committed institutionally to always preserve the Lewis name. The work of the faculty of the new college is unified by a shared commitment to the use of methods appropriate to our disciplines and by a focus on important human problems. Thus, while not entirely transparent in meaning, the new college name represents a broad umbrella under which important work focused on that which is uniquely human will continue and grow. We will be working on new degree programs, increasing our undergraduate enrollment, increasing our visibility and fund raising, and yes, relocating.

There is so much talent among the faculty and staff within the new college—this is a very exciting opportunity. I do not want to list all of the innovative and exciting projects and work, as it would be too long and my listing of it would not do them justice. We will be inviting you all to a formal launch of the new college next fall and to numerous other events so that you may experience first-hand all of the changes and meet everyone.

In the new college we are excited by synergistic opportunities for research and educational programs that are cross-disciplinary. We regard the human sciences as core to giving meaning and relevance to technological advances. Our students, collectively, already are trained to be top problem solvers ready to tackle thorny human problems. We will be strengthening our programs by bringing our expertise together; applying the lens of each of the different disciplines with our commitment to understanding evidence in order to develop a deep appreciation of the complexity of our world and the necessity for innovative solutions that factor in myriad differences of people across the globe. We also are partnering with Stuart School of Business to develop very unique educational programs that go beyond the bounds of our disciplines. We are presently and will continue to count on all of you to spread the word to help us build our undergraduate enrollment.

As you might imagine, one goal is to continue to build our alumni network. This requires all of you to stay in touch, update us with your activities and lives, engage your classmates who may not be aware of how much we have grown, and join us in building this new college. Above all, visit us!

—M. Ellen Mitchell

YouTube Video Competition

To help announce the formation of the new IIT Lewis College of Human Sciences we have launched a YouTube Video Competition for all current IIT undergraduate students. The videos will be 2 minutes or less and will be judged for creativity, relevance, and originality. First round winning videos will be posted on YouTube in late November with a second round of judging to take place in February. The contest is being sponsored by BMO Harris and large cash prizes have been designated for the winners.

For more information please visit http://www.iit.edu/psych/events. The winning student can win up to $5,000 dollars.
Welcome our New Faculty

ALISSA HAEDT-MATT

Alissa Haedt-Matt joined the clinical faculty as an assistant professor in fall 2012. Haedt-Matt completed her clinical psychology internship in the Eating and Weight Disorders Track at the University of Chicago Medical Center and received her Ph.D. from the University of Iowa in July 2012. Haedt-Matt has received numerous honors, including a National Research Service Award Individual Predoctoral Fellowship and an APA Dissertation Research Award. She has 12 peer-reviewed publications and three book chapters, and has presented her research at national and international conferences. Haedt-Matt also has been active in several professional organizations, including the Academy for Eating Disorders, American Psychological Association, Association for Contextual Behavioral Science, and the Society for a Science of Clinical Psychology.

Haedt-Matt’s broad research interests are in the etiology, maintenance, and treatment of eating disorders. Her primary line of research investigates the intersection of mood dysregulation and eating pathology with an emphasis on the application of ecological momentary assessment to test theoretical models of mood dysregulation in the etiology and maintenance of eating disorders. A second area of research interest is in the classification of eating disorders, particularly Purging Disorder. Current research projects include 1) examining the role of affective, cognitive, and somatic factors in triggering and maintaining purging behavior among women with Purging Disorder and 2) investigating concurrent and prospective associations between emotional eating and affect and implications for risk models of binge eating.

ERIC HOUSTON

Eric Houston joined the clinical faculty as an assistant professor in fall 2012. Houston received his bachelor’s degree from Carleton College and earned his Ph.D. from the University of Illinois at Chicago. He completed an APA-approved clinical psychology internship at New York-Presbyterian Hospital Weill Cornell Medical Center. After his internship, he was awarded a three-year NIH postdoctoral research fellowship with the HIV Center for Clinical and Behavioral Studies at Columbia University and the New York State Psychiatric Institute. Houston has designed health studies and collaborated with other investigators at major universities and research centers in implementing behavioral health interventions. His research has been published in leading peer-reviewed scientific journals, and he has presented his work at national conferences.

Much of Houston’s work is concerned with examining the cognitive and emotional factors that influence the self-regulation of health behaviors, including seeking timely medical care, reducing substance use, practicing safer sex, and following a treatment regimen as prescribed. His primary line of research focuses on developing interventions and assessment procedures that effectively identify and address idiosyncratic and latent cognitions affecting individual motivation for health behavior change. A second line of research is aimed at strengthening our knowledge of the psychological factors underpinning the relationship between trauma exposure and negative health outcomes. Houston’s current research projects include 1) examining the use of a person-centered approach to more fully assess patient treatment motivation and 2) investigating the use of Internet and phone-based technology in providing clinical interventions and assessments.

KELLY KAZUKAUSKAS

Kelly Kazukauskas joined the faculty at IIT in 2012. She is a clinical assistant professor of rehabilitation counseling, teaching courses in counseling theory and case management, as well as the clinical courses related to both practicum and internship experiences. Kazukauskas also coordinates the clinical training for the rehabilitation counseling program, which includes the placement, training, and clinical supervision of students within this program.

Kazukauskas received her Ph.D. in psychology with an emphasis on rehabilitation education from IIT in 2006 and has been teaching ever since. She is also a certified rehabilitation counselor (CRC) and a certified vocational evaluator (CVE). Prior to teaching she worked extensively in the rehabilitation counseling field, serving persons with traumatic brain injury and persons with developmental disabilities, and held several directorial positions in vocational services and program/case management.

Kazukauskas’s research and professional interests focus primarily on rehabilitation counselor competency and training, clinical supervision in rehabilitation counselor education and practice, and rehabilitation counselor ethics and ethical issues. Additionally, she has conducted research on rehabilitation counselor competence and comfort in relation to disability and sexuality, and post-secondary transitions for persons with disabilities.
Arlen Moller received his Ph.D. in Social and Personality Psychology from the University of Rochester (2007) in Rochester, N.Y. Following the completion of his graduate training, he was an assistant professor in the Department of Psychology at Gettysburg College in Gettysburg, PA., from 2007–09. Moller was a full-time faculty member in the Department of Preventive Medicine at Northwestern University from 2009–2012, and continues to maintain a secondary/adjunct faculty appointment there. In August 2012, Moller joined IIT as an associate professor in the College of Psychology.

Moller’s research program concerns understanding principles of human motivation and applying those principles toward helping people make healthy choices. In particular, his research is currently focused on developing more effective interventions for increasing physical activity and eating healthier, and for weight management in general. One common feature of Moller’s research involves differentiating autonomous and controlled forms of motivation based on a self-determination theory framework. He is especially interested in interventions that support intrinsic motivation, which is characterized by interest and enjoyment. Moller’s research program is currently exploring ways to leverage technology (e.g., smartphone apps and accelerometry), game design, social networks, choice, and financial incentives in ways that support autonomous motivation and lasting behavior change. An underlying principle is that, if we can help people to value or even enjoy healthy behaviors, healthy changes will tend to come more easily and be more easily maintained. Another complimentary feature of this research program involves Moller’s orientation towards collaboration and cross-disciplinary team science.

“Compelling empirical evidence suggests that, when done well, team science is more creative, more impactful, and more fun; and I’ve found support for these principles in my experience, as well,” says Moller.

More information and training tools for cross-disciplinary researchers is available at TeamScience.net, a website that Moller co-developed with Drs. Spring, Falk-Krzesinski, and the team at NogginLabs, Inc.
PUBLICATIONS


AWARDS/HONORS
The American Psychological Association (APA) has named IIT Namba lbs. Raju Endowed Psychology Chair Ron Landis as a fellow. Fellow status is an honor bestowed upon APA Members who have shown evidence of unusual and outstanding contributions or performance in the field of psychology. Fellow status requires that a person’s work has had a national impact on the field of psychology beyond a local, state, or regional level. A high level of competence or steady and continuing contributions are not sufficient to warrant fellow status; national impact must be demonstrated.

A paper co-authored by Ron Landis was named a co-winner of the Best Paper of the Year for the journal Organizational Research Methods. The paper, The Earth Is Not Round (p = .00), written by Landis and co-author Jose Cortina, addresses the continued discussion and debate regarding the appropriate use of null hypothesis significance testing (NHST) and effect size testing (EST). Specifically, the paper examines the myth that uncritical replacement of NHST with EST will improve psychological and organizational science. The use of NHST and EST is described along with a summary of the arguments offered in support and against both. In addition to addressing the veracity of these assertions, the paper describes the concept of the translation mechanism and compares the success of NHST and EST as mechanisms. Finally, the paper suggests changes that may facilitate translation in future research.

Frank Lane was promoted to Associate Professor.

Scott Morris was promoted to Professor.

GRANTS
The Center on Adherence and Self-Determination (CASD: Patrick Corrigan, PL) was awarded an administrative supplement to add two health economists to its team: Marjorie Baldwin from Arizona State University and Zuleyha Cidav from the University of Pennsylvania. The health economists will add cost-benefit analyses to the CASD’s portfolio of health research.

Jennifer Miller is a consultant on the grant “A network approach to the prediction of autism spectrum disorders,” sponsored by the National Institute of Mental Health.

Arlen Moller is a consultant on the grant “Opt-IN: Optimizing Intensive Lifestyle Interventions for Weight Loss,” sponsored by the National Heart, Lung, and Blood Institute. BOLD denotes IIT faculty

* denotes IIT student
+ denotes IIT Alumni

Fay Hlubocky presented data from her dissertation (a subset analysis) at a national oncology conference in June, which received media attention. http://health.usnews.com/health-news/news/articles/2012/06/06/financial-worries-add-to-cancer-patients-burden

Lynda Gibson, Associate Professor Joyce Hopkins’ student, was selected as a Fellow for the 2012–13 academic year by the Diversifying Higher Education Faculty in Illinois (DHF) Program of the Illinois Board of Higher Education. The estimated Fellowship amount is $11,000.

Kimberly Burris, M.S. student, received the Charles “Arch” Pounian Award. She is active in research and has presented at international conferences on the topics of leadership, conflict management, and diversity. While working to complete her Ph.D., Burris is teaching statistics and research methods to graduate students at Elmhurst College. She is also helping to launch a technology startup, providing personalized positive psychology-based coaching to employees at all levels.
Mark your calendars for these 2013 events:

**Friday, March 8, 2013**
John C. Scott (Ph.D. PSYC ’85) will be the second speaker in the Nambury S. Raju Lecture Series at Hermann Hall, IIT Main Campus, Chicago

**Friday, April 12, 2013**
IIT Industrial Organizational Psychology Alumni Reception, SIOP Conference, Houston, TX

**IIT Homecoming 2013**
September 27–28, 2013