On April 13, 2012, Barbara Brown Bowman won the Alumni Award of International Merit at the 66th annual IIT Alumni Awards held on Main Campus. Barbara began at IIT at age 16 and was one course short of completing her major in psychology when she decided to move on to graduate school rather than spend another semester at IIT. She holds a high regard for the College of Psychology, having joined the IIT College of Psychology Board of Overseers in 2009, and she travels to Chicago from Atlanta several times a year to attend meetings. She served as keynote speaker for the 2009 Julia Beveridge Award Luncheon and has contributed financially to IIT for more than 20 years. Barbara was selected as an alumni award recipient because her work is distinguished, far reaching, and has global health implications for all people.

After graduating from IIT, Barbara completed her master's and Ph.D. in human nutrition and nutritional biochemistry at the University of Chicago. She completed a postdoctoral fellowship at Emory University, where she holds an adjunct faculty appointment. She is the author of more than 140 publications in the areas of nutritional epidemiology, assessment, and physiology, as well as the primary prevention of diabetes. Barbara has held the offices of president of the Georgia Nutrition Council and treasurer of the Southeastern Regional Medical-Nutrition Education Network, and is a Diplomate of the American Board of Nutrition. She has been editor or on the editorial board of seven different publications, and is a member of multiple grant-review panels at the National Institutes of Health.

Barbara currently is the associate director for science in the National Center for Chronic Disease Prevention and Health Promotion at the Centers for Disease Control and Prevention. This center promotes health and well-being through activities aimed at the prevention and control of chronic diseases. Their foci include well-being, health equity, research translation, and workforce development. Barbara’s section of the CDC concerns itself deeply with four key modifiable health-risk behaviors: lack of physical activity, poor nutrition, tobacco use, and excessive alcohol consumption. Her work is central to our nation’s health and world health.

Barbara’s work with the CDC has reached across the globe. She has traveled around the world to study chronic disease and to help ameliorate the debilitating effects of chronic conditions, thereby helping to extend life expectancy. Most notably, she has made multiple trips to Asia and Russia as part of her work. Recently, she visited remote villages in China to understand the high incidence of stroke there. Despite high levels of physical activity, relatively low-fat diets, and an overall lifestyle profile that would render them low risk for stroke, these populations have very high sodium intakes and suffer from both a high incidence of and mortality from stroke. Barbara’s work contributes fundamentally to the understanding of the causes of chronic disease and to worldwide efforts to improve quality of life, health, and well-being. Her work integrates knowledge of epidemiology, health, nutrition, biology, genetics, and more, making it truly interdisciplinary. Aims of her work include disease prevention, reducing the health and human impact of chronic conditions, and extending our knowledge of how best to manage these diseases across time. This work also builds foundational knowledge that will be helpful to generations of people across all nations in the future as well as in the present.

Join us in congratulating Barbara on her tremendous achievement on the college’s LinkedIn page.

If you would like to nominate an alumnus/a for the 2013 IIT Alumni Awards, please contact Tess Hallinan at thallina@iit.edu.
From the Chair

I couldn’t be more pleased to announce the hiring and smooth transition of George Langlois (M.S. PSYC ‘82, Ph.D. ’89) as the successor to Bruce Fisher to direct the Center for Research and Service and IIT’s Leadership Academy. George’s background and experience make him a superb candidate for the position. George has been an active member of the College of Psychology Board of Overseers since 1999 and has served as Vice Chairman since 2004. During his tenure, George was a lead supporter and advocate for the College. While building a thriving consulting firm, he maintained his ties to IIT, attending the annual Society of Industrial Organizational Psychologists events hosted by IIT and offering his time, talent, and support to the college.

George graduated from Saint Anselm College with a B.S. in psychology and commenced his IIT studies completing his master’s and Ph.D. in Industrial/Organizational Psychology at IIT. During that period, his community and business leadership was evident in his work as the Director of Human Resources at Telaction, a division of JCPenney. Utilizing his skills at Telaction, Langlois co-founded Organizational Effectiveness Consultants, LLC (most recently known as Organizational Strategies, Inc.) with fellow IIT College of Psychology alumnus Daniel Lezotte (M.S. PSYC ’83, Ph.D. ’89).

Please join us in welcoming George to the IIT family. His contact information is clangloi@iit.edu and 312.567.6471.

Additionally, Deborah Crown (M.S. PSYC ‘88) has joined the College of Psychology Board of Overseers as its newest member. Deborah is no stranger to IIT, having served for more than a decade on the Rehabilitation Psychology Division’s Advisory Board. She is currently director of talent management at the Rehabilitation Institute of Chicago, having served prior as manager of vocational rehabilitation.

The college is extremely grateful for the involvement of its alumni and encourages all graduates to reconnect through a variety of events and volunteer opportunities.

Wishing you a wonderful spring and summer.

—Joe Calabrese

Students Observing Cognitive Abilities of an Octopus

Several students in the College of Psychology are working hard in IIT’s CRAB Lab (Creative Research of Animal Behavior), observing the cognitive abilities of a giant Pacific octopus. You can explore our students’ work online in real-time as they conduct experiments, and you can see the octopus’ activities in a live broadcast from 2 a.m.–2 p.m. daily.

CRAB Lab website: https://sites.google.com/site/crablaboratory/home

Octopus video feed: https://sites.google.com/site/crablaboratory/lab/octocam

Lab video feed: https://sites.google.com/site/crablaboratory/lab/labcam

Blog: https://sites.google.com/site/crablaboratory/blog

Octopus’s Twitter (@IIT_Octopus): https://twitter.com/#!/IIT_Octopus

Crabs’ Twitter (@IIT_Crabs): https://twitter.com/#!/IIT_Crabs

Lab Twitter (@IIT_CRABLab): https://twitter.com/#!/IIT_CRABLab
From the Dean

What a crazy warm winter and now a real spring that is lasting more than a week! Somehow the experience of the seasons just didn’t seem to occur this year. Nevertheless, the semester has been moving forward with all the excitement and challenges of life in higher education in 2012. One of the more bittersweet events pertains to a change in the leadership of our Center for Research and Service and the IIT Leadership Academy. It was with a heavy heart that we bid Bruce Fisher goodbye in mid-February. He has moved on to the private sector but is just downtown so we expect to continue our association for many years to come. In his time here Bruce built the center from a sleepy operation with a low uneven level of business to a world-class training and consulting entity that serves to partially support roughly 40 graduate students per year, processing approximately $1 million per year in projects. Bruce also brought the Leadership Academy into fruition by taking the nascent ideas set before him and crafting a multi-tiered program that enriches the experience of all IIT undergraduates. Not only are there scholarships for a select group of talented students, but also the sophomore leadership camp, a lecture series, and a new program for incoming students called Fresh in the City. Bruce has contributed much and we are grateful to him for the highest level of service leadership – he is a model for all. On a bright note, George Langlois has stepped in to take the helm of both roles and has hit the ground running. Please see the note from our Board Chair Joe Calabrese for a bit more about George.

We are pleased to invite you to a free event at IIT’s Downtown Campus on May 3, 2012 at 3 p.m. We are honored to have distinguished panelists Barbara Brown Bowman (BIOL 74), associate director for science at the National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention; Richard A. Goodman, senior medical advisor, Health and Human Services Office of the Assistant Secretary for Health and the National Center for Chronic Disease Prevention and Health Promotion, CDC; and D. Patrick Lenihan, Masters in Urban Planning and Policy, Ph.D. director, Doctor of Public Health in Leadership (DrPH) Program, and clinical associate professor of community health services at the University of Illinois at Chicago.

The discussion and presentation will be broadly organized around the future of health care, particularly as it pertains to training psychologists to have a role in integrated health care, and the changing roles of other health care providers. The current context that is highly relevant to health care today and the national debate stems from the recognition that most if not all of the major health challenges we face are related to lifestyle illnesses and chronic, often multiple, conditions, calling for new approaches to thinking about health outside of a physician’s office. The future of health care will rest increasingly with individuals, not merely doctors, within home, work, and family environments, in which living well and quality of life will be the focus despite a backdrop of myriad chronic illnesses. Thus, we are all challenged to think about health, wellness, training of health care providers, and the role of behavioral health for optimizing well-being. Please pass the word and urge others to attend.

Please send us your news. Also, for those of you who have sent awesome holiday cards with pictures, please let us know if we can put them in our newsletter. We are reluctant to violate any privacy, but the pictures from alumni from around the world featuring friends and family have been incredible, and I would really enjoy sharing them if that would be alright.

We hope to see you very soon.

—M. Ellen Mitchell

IIT One of America’s Most Beautiful Campuses

In a September 2011 article for Forbes, writer Bethany Lyttle asked a group of university architects, campus experts, and students to tell her which schools are turning their heads and why. In the Forbes article “America’s Most Beautiful College Campuses,” Lyttle begins by stating that college applicants continue to cite campus aesthetics as something they consider when choosing a school. Although her list of findings is admittedly shortened and incomplete, IIT is proud to have been among 16 colleges featured.

Lyttle states in her description of IIT, “Unlike classical campus layouts with their quadrangles, brick or limestone buildings, and sweeping lawns, this one was designed with an emphasis on industrial materials, such as steel and glass, and inspired by the look of factories and warehouses. The American Institute of Architects has recognized the campus as one of the 200 most significant works of architecture in the United States.”

Lyttle continues, “Admirers of Ludwig Mies van der Rohe, the master of international modern architecture, pointed to this school’s cluster of steel-and-glass buildings, including S. R. Crown Hall, Alumni Hall, and the Chapel, as the epitome of beauty and order. Furthermore, great modern architects, such as Rem Koolhaas, continue to be admired and included in the growth of the campus. In other words, the school exhibits an independent and long-term vision for the look of its campus.”
IIT College of Psychology Alumni Events

Mark Your Calendar and Join Us!

IIT Morton Arboretum Family Event
Saturday, June 9, 2012
Lisle, Ill.

Clinical Psychology Reception and Chicago White Sox Game (all are welcome)
Monday, July 23, 2012
5 p.m., Tailgate Party, IIT Bog
7:10 p.m., Sox vs. Twins, U.S. Cellular Field,

Rehabilitation Counseling Alumni Reception at the National Rehabilitation Association Conference
Friday, August 24, 2012
8:30–10 p.m.
McCormick Hyatt Hotel
2233 South Martin Luther King Drive,
Chicago

IIT Homecoming
Saturday, September 22, 2012
Golden Alumni Society Luncheon honoring all IIT graduates of 1962 and prior
Family Carnival
IIT Main Campus

For more details on IIT’s alumni events, visit alumni.iit.edu or contact Keyoka Parks in the College of Psychology at kparks1@iit.edu or 312.567.3502.

Alumni Updates

John Hollender
(PSYC ’59), Decatur, Ga., is a medical consultant to the State of Georgia, Disability Adjudication Services. He enjoys family, friends, gardening, volunteering, and reading with a men’s book club from his church.

Ronald Olson
(MATH ’64, M.S. PSYC ’66, Ph.D. PSYC ’70), Ranchos de Taos, N.M., retired from academia in 2006 and devotes much of his life to quilting, a hobby he began in 1992 as a memorial to his mother. Olson has sewn more than 1,140 quilts for his pet project, Quilts of Valor, which provides quilts to service members or veterans whose lives have been touched by combat. He is also secretary of the Taos High Country Quilting and Needlecraft Guild.

Leon Hoffman
(M.S. PSYC ’69, Ph.D. ’70), Chicago, continues to enjoy his practice of clinical psychology, where he specializes in individual, group, and couples therapy, and organizational consultation. A lifelong chamber music cellist, he is actively involved musically with players around the world. Hoffman has two grandchildren, Abigail and Benjamin.

James T. Frederick
(M.S. PSYC ’85, Ph.D. ’86), Weston, Fla., has joined the corporate advisory board of Fuse Science, Inc. He is director of human resources for Covidien Latin America, a global health care products company.

David Bishop
(Ph.D. PSYC ’89), Decorah, Iowa, was recognized by Luther College, where he is professor of psychology, for 25 years of teaching. He was also department chair from 1996–2001.

Catherine McCarthy
(Ph.D. PSYC ’96), Atlanta, is a managing principal in the Atlanta office of the executive search firm Korn/Ferry International. She has more than 15 years of experience working with senior executives of global Fortune 500 companies, focusing on design and development of world-class leadership development programs.

Erica L. Hartman
(M.S. PSYC ’02, Ph.D. ’04), Chicago, married Brad Spencer at the 9th Street Abbey in St. Louis in September 2011.

Marci Zinn
(Ph.D. PSYC ’04), Dublin, Calif., recently joined a research team at Stanford University Medical Center, Department of Infectious Diseases and Geographic Medicine. The goal of the team is to define what chronic fatigue syndrome is and confirm it as a medical syndrome in its own right.

Send us your news!

CORRECTION
The article on page 2 of Volume 14, Issue No. 1 about the Phil S. and Harriett C. Shurrager Industrial/Organizational Endowed Fellowship mistakenly identified one of the individuals in the lower picture. The man identified as Dr. Wakerr is actually Willard A. (W.A.) Kerr.
Congratulations
Graduates!
2012 IIT College of Psychology

Bachelor of Science in Psychology
Julie Alkhovsky
Denzel Avant
Noelle Bennett
Chameka Boswell
Deepshikha Chatterjee
Taylor Dreher
Kimberly Dykeman
Neil Gupta
Maria Iosif Payton
Lisa Jackson
Arathi Jayaraman
Samiat Jinadu
Erik Johnson
Emily Kraemer
Shatoria Lunsford
Urba Mandrekar
Stephanie Marx
Nadia Msouty
Paul Oruwiec
Kyle Pancham
Alicia Perez
Gasinwat Ratanarojpusit
Esther Romo-Ortiz
Rafael Sosa
Dashiel Stewart
Natalie Szulyk

Master of Science in Psychology
Stephanie Adams
Rodney Blanco
Anna Brown
Jody Coppersmith
Roger Dimitrov
Joyce Fuku
Kevin Franke
Natalie Gela
Bethany Grix
Rachel Hall
Roger Hicks
Jialin Huang
Martin Kim
Zeenatroohi Kwon
Jill May
Katherine Meyers
Patrick Michaels
Samantha Paruchuri
Jessica Pieczynski
Karina Powell
Stefanie Pugliese
Christina Roberts
Sarah Rusakiewicz
Megan Wheeler
Kevin Zalizniak

Master of Science in Personnel and Human Resources Development
Shujaat Ahmed
Bo Ju
Bonny Lawrence
Yutong Liu
Sylvia Min
Nicole Olbie
Paige Olson
William Osnowitz
Mengran Qin
Stephanie Taylor
Jordan Trotto
Rodney Vallejo
Michael Zablocki

Master of Science in Rehabilitation Counseling
Deloise Crosby
Lauren Brandorff
Brianna Elg
Margaret Makieliski
Prerak Mehta
Charles Morgan
Patricia Murman
Ana Salvatierra
Sugandhi Sawhney
Gary Walley
Weina Xu

Doctor of Philosophy in Psychology
Reema Beri
David Blitz
Michael Collins
Anne-Sophie Deprez-Sims
Sarah Getch
Carolyn Giannone
Julie Hautamaki
Jie Jiao
Jocelyn Lebow
Pamela Pollak
Jennifer Rafacz
Ariel Siskind
Daniel Spizzuco
Jennifer Strickland
Mark Tawney
Courtney Van Overberghe
Jessica Walton
Kindra Westercamp
Crystal Young


FACULTY PRESENTATIONS


FACULTY NEWS

The Society of Industrial Organizational Psychology named Ron Landis as a fellow. Fellow status is an honor bestowed upon SIOP members (and international affiliates) who have shown evidence of unusual and outstanding contributions or performance in I-O psychology through research, practice, teaching, administration, and/or professional service. The contributions of nominees for fellow are evaluated in terms of impact on I-O psychology and its advancement, and their contribution to the mission of the society: “...to enhance human well-being and performance in organizational and work settings by promoting the science, practice, and teaching of industrial and organizational psychology,” and to SIOP’s core values.

Jon Larson and students Sarah Lemp and Lauren Drandorff organized and led training in motivational interviewing for employees of MADO Health Care. The quality of the material and training, in combination with the exceptional professionalism and patience Lemp and Drandorff exhibited with the employees, exceeded the organization’s expectations.

The Journal of Business and Psychology named IIT College of Psychology Professor Scott Morris as its 2011 Reviewer of the Year. More than 300 reviewers were considered for this award, from which only four awards were given. The journal praised Morris’s reviews as always being returned in a timely manner, but more importantly, the editors gave the highest marks for the high quality of his reviews. Morris’s reviews were comprehensive, presented in a highly constructive and considerate tone, and very much captured the “big picture” issues associated with the manuscripts he evaluated. Morris’s service to the journal, the profession as a whole, and IIT is well recognized because of the quality of his work.

STUDENT ANNOUNCEMENTS


Patrick Michaels, a clinical psychology graduate student in Dr. Patrick Corrigan's lab, received an Active Minds Emerging Scholars 2012 Fellowship, which provides an opportunity for leadership development and mentorship in the field of mental health. A total of six proposals were funded. The fellowship provides a $750 stipend and an additional $250 for project and material expenses. Michaels's project is an evaluation study of Active Minds Speakers Bureau, which is a high-profile intervention most frequently attended by college students. Presentations provide personal experiences to counteract stigma's consequences, and promote mental health awareness and treatment. This project proposes an initial qualitative study of Active Minds Speakers Bureau as a data-driven basis for a subsequent quantitative study. Anecdotal evidence of the Speakers Bureau touts the intervention's strong impact. The project objective is to assess the Speakers Bureau's impact with data from focus groups. The final product is to present a comprehensive quantitative study proposal. To learn more about Michaels’s project, visit his profile at http://scholars.activeminds.org/scholar/2012-scholars/patrick-michaels.

IIT's chapter of Active Minds is working to spread awareness, to support and educate others regarding mental illnesses, and to provide resources and outlets for the IIT campus community. Several students from Active Minds IIT were privileged to attend the Active Minds National Conference this past November. This experience allowed students to grow as individuals and understand the impact of personal, communal, and institutional power in order to create change within their respective campuses. Students were able to network with other Active Minds chapters and discuss the different methods for accomplishing the aims of Active Minds, one of which is to change the discussion about mental health and the stigmas associated with it. In addition, participants exchanged event ideas to encourage campus involvement. IIT's chapter goal for spring 2012 is to sponsor fun and educational activities to promote understanding and acceptance of mental health concerns as a campus community.

Graduate Rehabilitation student Nathan Klay recently finished co-leading a series of educational presentations in his hometown of Holland, Mich., on mental illness entitled “Fear Gives Way to Hope: Meeting Mental Illness with Understanding.” The sessions took place on a weekly basis throughout August, October, and January. Topics covered included depression, anxiety disorders, bipolar disorder, and schizophrenia.

The Rehabilitation Services Administration selected graduate rehabilitation student Rak Mehta for an RSA internship in Washington, D.C. The RSA internship program is highly competitive and a great honor to receive.

IIT psychology undergraduate student Elyse Doll was quoted extensively in the February 1, 2012 Chicago Tribune article “Psychologists Debate Social Media Role in Suicide Interventions.” Also mentioned was College of Psychology Board of Overseers member Terrence Koller. The full article can be found at http://articles.chicagotribune.com/2012-02-01/news/ct-met-social-media-suicide-20120201_1_facebook-posts-social-media-suicide-prevention-program.

Jimenez Attends Louis Stokes Alliance for Minority Participation Symposium

Psychology undergraduate student Ruth Jimenez would like to thank the IIT Office of Undergraduate Research for allowing her to attend the Louis Stokes Alliance for Minority Participation (LSAMP) Symposium. Jimenez extends special thanks to Eric Brey, associate professor of biomedical engineering and director of the office, for supporting her attendance. The symposium provided Jimenez an introductory pathway for networking with outstanding scholars and faculty, and offered exposure to different investigation practices. Jimenez firmly believes in the importance of research experience. For that reason, she hopes to see a greater participation of minority students from IIT at LSAMP next year.
As university recruiting efforts become more competitive nationwide, we ask you to advocate for the IIT College of Psychology when talking with colleagues and friends who are making education decisions with their families. Your experience and positive comments can make a difference. Contact Jack Spani at 312.567.8945 or spanij@iit.edu for admission information.